

HOLY WEEK

PENITENTIAL SERVICES

Bangor: Monday at 7.00pm

Newtownards: Tuesday at 7.00pm

Ballygalget: Wednesday at 6.00pm

Portaferry: Wednesday at 7.00pm

(Individual confessions will be heard at all services.)

HOLY THURSDAY :

Mass of Chrism in St. Peter's Cathedral at 11.00 a.m.

This is the only morning Mass in the Diocese today and all are invited by the Bishop to attend this impressive ceremony in the Cathedral when the priests of the Diocese renew their vows.

Mass of the Lord's Supper in St. Patrick's at 7.30 p.m.

Sisters from St. Elisabeth Convent, Belarus will have a small stall of their crafts at St. Patrick's at 7.30pm on Holy Thursday.

Exposition of the Blessed Sacrament in St. Patrick's from 10pm to 11pm

GOOD FRIDAY :

Day of fast and abstinence.

Solemn celebration of Our Lord's Passion in St. Patrick's at 3 p.m.

Stations of the Cross in St. Patrick's at 7.30 p.m.

HOLY SATURDAY :

Easter Vigil at 9 p.m. **St. Patrick's only.**

(N.B. No mass at 6.30 p.m. on Saturday)

EASTER SUNDAY :

Masses: 11.30 a.m. in St. Patrick's

10.00 a.m. in Our Lady's

Extract from Prayer to the Holy Cross
The Prayers and Meditations of Saint Anselm

With what love shall I glory in you, O Cross,
 when without you
 there would be nothing for me to glory in,
and in eternity I should have the grief and misery of hell.
 With what delight will I rejoice in you,
when by you the servitude of hell which I inherited
 is exchanged for the kingdom of heaven.
 With what jubilation will I laud you,
 when without you I faced that future
which horrifies me, even if it had lasted only a moment,
and through you I now expect to rejoice in eternity.
Though now I serve God between hope and fear,
I am sure that if I give thanks, love, and live in your glory,
 through you I shall at last come to that good.
So let my glory be through you and in you;
let my true hope be through you and in you.
By you my sins are wiped out,
by you my soul is dead to its old life
and lives to the new life of righteousness.
I beseech you, wash me by baptism from the sins
in which I was conceived and born,
and cleanse me again from those that I committed
 after I was reborn,
so that by you I may come to those good things
 for which man was created,
by the might of the same Jesus Christ our Lord
who is blessed for ever and ever. Amen.

For private circulation only